



SAFETY MARSHAL INFORMATION

Meet Session:

Session Referees:

Warm-up start time:

Warm -up completion time:

Designated sprint (dive) lanes: &

To be opened at o'clock.

Designated pace lanes: &

Opening of designated lanes to be announced by meet manager/referee ____ safety marshal ____.

Specific lanes assigned to clubs? ____ If yes, are assignments posted? ____

If there is a 2nd warm-up, complete the following:

Warm-up start time: _____

Warm -up completion time:

Designated dive and pace lanes will be opened at: _____ o'clock

Warm-up procedure:

- Please be on deck prior to warm-up start time and positioned behind blocks (other safety marshal should be at far end of pool) until satisfied that warm-up is in accordance with SNC procedures. Remain clearly visible on deck but you may move to side of pool and continue to watch the warm-up.
- Feet first entry only (no cannon-balling or diving) unless in designated lanes as per above. If a swimmer enters other than feet first, take note of which swimmer, get his/her attention and remind him/her of the rule. If a swimmer/club continues this practice, a reminder to the coach might be needed.
- No paddles/ fins allowed at any time. Kick-boards/pull-buoys are permitted.
- When sprint/dive lanes opened, clear designated lanes completely prior to allowing dive starts. This will require you to be in position at blocks (a kick-board held in the water helps to get swimmers' attention. Traffic cones (if used) can now be removed from blocks in question.
- Once diving commences, there will be ONE-WAY SWIMMING ONLY.
- Swimmers should line up behind blocks (including backstrokers) . If swimmer is doing backstroke start, he/ she has right-of-way. Swimmers in sprint/dive lanes are to be supervised by their coach(es).
- The rulebook does not define how Pace lanes are to be used but they are generally used for coaching purposes. Swimmers should be with their coaches when in these lanes and actively swimming so as not to impede other athletes. As a further courtesy, swimmers should not block the ends of lanes so that turns can be freely executed. Coaches should monitor appropriate use of these lanes.
- When warm-up is over, swimmers should leave the pool immediately. Kick-boards help to get their attention and dropping false-start rope also an option (only if a few swimmers remain in pool and warning has been announced). Replacing traffic cones on sprint/dive lanes helps to close these lanes.
- The exercise of good interpersonal skills is usually all that is required to resolve any issues during warm-up. If speaking to the swimmer or coach does not resolve the issue, refer the incident to the Referee for resolution.